

SEDATION INSTRUCTIONS

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<u>Instructions for Patients receiving orally administered conscious sedation:</u>

For your comfort, your surgery will be performed utilizing a combination of local anaesthetics and orally administered conscious sedatives. For you safety it is necessary that you read and follow the instructions below:

- 1. Take your usual prescribed medications as well as those that have been prescribed for you in preparation for your surgery.
- 2. Advise us of all medications you are taking, even over the counter drugs. Don't take medications without the Doctor's knowledge and approval.
- 3. Avoid Grapefruit products at least 5 days prior to surgery
- 4. For morning surgical appointments, please do not have any food (Water/Juice/Coffee are OK) after midnight the night before. For afternoon surgical appointments do not have any foods after breakfast.
- 5. Do NOT drink any alcoholic beverages or recreational drugs within 24 hours of your appointment.
- 6. Please arrive promptly for your appointment. Late arrival may necessitate rescheduling of your surgery, and a \$100 cancelation fee. If you are early the staff will welcome the opportunity to help you relax before your surgery.
- 7. You must be accompanied by an adult that will drive you and pick you up from our office. This person will be present to go over post-operative instructions. Be sure to arrange for responsible supervision for the remainder of that day. We cannot allow public transportation or for you to leave on your own. If you do not have a ride, you will not be given sedation.
- 8. If any disturbances or problems should develop after you leave our office, you should call our office (or emergency number if after hours) immediately. Parents or guardians of young patients should observe the child continuously upon returning home, so they can call immediately should any problems develop.
- 9. Full mental alertness will not return for several hours after your sedation. Therefore for the remainder of the day you should limit activity requiring full concentration. You will not be able to safely or prudently: (a) drive an automobile or operate machinery; (b) undertake business of financial matters or (c) drink alcoholic beverages the day of your sedation. remaining sedentary as well as the use of a small ice pack on you face can significantly enhance your comfort. Heavy physical activity shortly after surgery can cause complications and pain.
- 10. Typically a large amount of time is booked for appointments under sedation, **If you do not comply with the above instructions, making it unsafe to proceed, you will be charged a \$100 cancelation fee.**
- 11. Because you will be sedated **you must arrange for how payment will be made prior to receiving the sedative medication** to insure that you understand the costs at the time that you make the payment. The final payment can be made the day of the appointment when you come in just prior to receiving the sedative.
- 12. There is a fee for providing this service of \$80.

If you have any questions after reading these guidelines, please do not hesitate to call us.

If you have an Emergency, and we do not answer our phones (above), please call the ON CALL DENTIST (Available after 5PM, and weekends): **(604)798-5828**